



HEADTEACHER: Mr K Ford

Friday 15th March

Dear Parents/ Carers

Building Resilience Programme

The Marlow Schools both primary and secondary have come together to organise a programme of coaching for identified children to be supported to develop their resilience.

The programme is being led by Pam Cottman, a former Assistant Headteacher who now works as a coach to support schools, organisations, and individuals to develop their resilience. You can see more information about Pam on her website via this link: <https://pamcottman.com>

We are delighted that Pam has designed and will be leading our bespoke programme for a group of 16 children from Year 7 and Year 8. We as a school believe your child would benefit significantly from engaging in this programme.

Before the programme begins, Pam is conducting an introductory session for parents/ carers of the children being invited to attend. This session is being held at Foxes Piece School in the Newfield Place Centre between 1pm and 2.30pm on Wednesday 20th March. It would be very beneficial if you as the parent/ carer attended this session, but if you are not able to attend this will not preclude your child from taking part.

The dates and times of the full programme are as follows, with all sessions taking place at the Newfield Place Centre at Foxes Piece School:

<u>Date</u>	<u>Time</u>	<u>Detail</u>
Wednesday 20 th March	1.00pm to 2.30pm	- Parent Information Session

Easter Holidays

Wednesday 17 th April	3.30pm to 5.00pm	- Student Session 1
Wednesday 1 st May	3.30pm to 5.00pm	- Student Session 2
Wednesday 22 nd May	3.30pm to 5.00pm	- Student Session 3

Half Term

Wednesday 5 th June	3.30pm to 5.00pm	- Student Session 4
Wednesday 19 th June	3.30pm to 5.00pm	- Celebration Event (Students/Parents)

[Please complete this MS form by 1.00pm on Tuesday 19th March to indicate whether you would like your child to participate in the programme.](#) There is also the option to ask any questions on the form and indicate whether you are able to attend the parents/ carers information session on Wednesday 20th March 2024.

Best wishes

Kevin Ford
Executive Headteacher