Let's get started...watch these videos

How interesting is this?

Music and Dementia: The Power of Music on Alzheimer's

SOMETHING TO READ



Music: A Very Short Introduction (Very Short Introductions by Nicholas Cook (Author)

This stimulating Very Short Introduction to music invites us to really think about music and the values and qualities we ascribe to it.

> The Oxford History of Western Music by Richard Taruskin (Author)

SOMETHING **TO VIEW**



The Transformative Power of Classical Music by **Benjamin Zander**

https://www.youtube.com/watch?v=r9LCwl5iErE

SOMETHING TO LISTEN TO



Classic FM - https://www.classicfm.com/ **BBC Radio 3 -**

https://www.bbc.co.uk/sounds/play/live:bbc_radio _three

BBC Live Lounge -

https://www.bbc.co.uk/programmes/p01029mq

There are many ways to listen to your favourite pieces of music. Have you considered widening your musical taste by listening to music on the

following platforms?

SOMEWHERE **TO VISIT**



The Cavern Club (Liverpool)

https://www.cavernclub.com/

There are hundreds of music venues and museums across the UK. Why not start by visiting: The Cavern Club (Liverpool) but also try the Bridgewater Hall (Manchester), The British Music

Experience(Liverpool), Ronnie Scott's (London), The Royal Albert Hall (London), Snape Maltings (Snape).

SOMETHING TO DO



Try composing a personal piece of Music

SOMETHING TO WATCH



Whiplash - A promising young drummer enrolls at a cut-throat music conservatory where his dreams of greatness are mentored by an instructor who will stop at nothing to realize a student's potential.



- Share your music. If you enjoyed listening to a piece of music, share it with somebody else. If you enjoy playing music, could you perform in your local community and share your music with somebody else? Could you encourage your local community to sing/play along with you?!