

GREAT MARLOW SCHOOL BOAT CLUB



Membership Agreement 2023/24

Great Marlow School Boat Club
rowing@gms.bucks.sch.uk

This document sets out what is expected of rowers, parents and carers, as well as stating the operating procedure for coaches. The first priority for Great Marlow School Boat Club (GMSBC) is the safety of all individuals involved in the rowing club.

Rowers

As a rowing member of the Great Marlow School Boat Club I agree to:

- pay attention to and respond to all coaches' instructions in the interest of my safety and that of others
- Wear a Personal Floatation Device (PFD) at all times while on the water, unless I have passed the GMSBC swim test and Capsize drill. **N.B. No rower will be able to compete in a British Rowing event, or continue after their first year of rowing, until they have passed their swim test.**
- attend all training sessions as agreed with the coach
- attend training sessions, heads and regattas at the correct time, with all the requisite kit, including a complete change of clothing
- let the coach know **as soon as possible** by email, as well as verbally, if I cannot attend a training session or event
- show respect and consideration to everyone involved with rowing and this includes spectators and remember that you are representing the boat club and the school
- take care of all the equipment. Rowers should check the boat before going afloat for all key safety features- Bow ball, heel restraints, and hatch covers, as well as for any obvious damage/defective parts.
- participate in as many club activities as possible
- help when required

I also understand that not adhering to the above may result in sanctions, or in some cases exclusion from the Boat Club; it may result in further sanctions in accordance with the school's behaviour policy.

Parents / Carers

As a parent or carer of a rowing member of the Great Marlow School Boat Club I agree to:

- support the Boat Club by ensuring that my son/daughter observes the above
- accept and respect the coaches decisions and instructions
- accept that my son/daughter may be transported to and from training and rowing events by coaches, parents or carers of other members of the boat club
- have in place arrangements for son/daughter to be collected, at short notice from training sessions and/or rowing events, should unforeseen circumstances occur, including adverse weather conditions.
- show respect and consideration to everyone involved with rowing, this includes other spectators and other users or managers of the facilities being used. Please remember that your son/daughter are representing the boat club and the school at all times.

Data Protection and GDPR

- If your son/daughter wishes to participate in any British Rowing Event they will need to be formally registered by GMSBC. This will include providing an email and postal address, of both parent and student, together with a photograph of the student to British Rowing.

Safeguarding

All adults have a responsibility for the 'Duty of Care' of children, therefore the safeguarding responsibilities extend to other schools or establishments undertaking activities alongside GMSBC. If you have any safeguarding concerns and/or questions, please direct these questions to either the school's Designated Safeguarding Lead, Mr Neil Maguire or either of his Deputies for this role, Mrs Karen Craig or Mr Kevin Ford at Great Marlow School.

Operating Procedures

Equipment

Rowing equipment is expensive and often fragile, hence great care must be taken at all times to maintain what we have.

- Take care of all the equipment at all times.
- Rowers should check the boat before going afloat for all key safety features- Bow ball, heel restraints, and hatch covers, as well as for any obvious damage/defective parts.
- Parts of boats may not be “borrowed” to equip other boats, except by coaches, who will report to rowing@gms.bucks.sch.uk that an item has been borrowed from a boat, and return said part after the outing.
- Rowers must draw to the attention of the coach, any issues or defects that arise during the outing.
- All boats should be wiped down after an outing before being put away on racks.
- Blades must be returned to the oar shed and racked neatly on their correct rack.
- All damage to boats must be reported to rowing@gms.bucks.sch.uk at the earliest opportunity.

Our insurance carries a £500 excess. The average repair cost comes under this amount but will normally be around £300 - £450. Any member causing damage to any equipment may be fined up to £500. This fine will only be imposed if damage is sustained as a result of recklessness or irresponsible behaviour. The coaches will impose the fines and their decision is final.

Supervision

Supervision while at Longridge on Land

Longridge is a large site with the bathroom facilities and café, some way from the area the school uses for boat storage. While there will always be a coach present on site when rowers are at Longridge, rowers may not be within sight of the coaches. Rowers must respect the entire Longridge site, and all other users of the site. In particular, the visitor camp site must not be intruded upon, or walked through; litter should be picked up and placed in the bins provided. Appropriate dress code should be adhered to, which means as a minimum a rowing unisuit fully pulled up. Failure to follow these rules will not be tolerated. Rowers must always bring a spare set of kit to be worn in case of capsize.

Supervision at other Events and Locations

Students at events and other locations will not always be under direct supervision of the coaches. The arrangements for the supervision will be explained to the rowers with regards to the specific nature of the event and/or location. As highlighted earlier, rowers at all times must show respect and consideration to other site users and the associated facilities and amenities. Appropriate dress code must be adhered to as outlined above including the availability of spare kit.

Supervision on the Water

The level of supervision will be appropriate to the competency of the rowers being coached.

Rowers will be divided into three categories:

Novices

Anyone just taking up rowing in any year group. Novice rowers who have not passed the swim test will always wear a PFD. Novice rowers will always be within 200 metres of a coach on a launch and will not be on the river whilst there is an Environment Agency stream warning in place on the stretch of water.

The rowers will remain in this category until they have demonstrated the appropriate competencies. The competencies include:

- Passing the swim and immersion test in a swimming pool
- Successfully completed a capsize drill in the river, which requires them to exit the river unaided, to be renewed annually
- Demonstrating a proficiency in a double scull to a standard to be able to compete

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- Consideration will always be given to the physical maturation and emotional maturity

Competitive

These rowers will have demonstrated all of the competencies outlined above. Competitive rowers will always be supported by two launches and be within 1 kilometre of a launch. Competitive rowers will not be on the river whilst there is an Environment Agency stream warning in place on the stretch of water.

Elite rowers

These rowers will have demonstrated all of the competencies of a competitive rower shown above, in addition, have demonstrated the proficiency to compete in a single scull. Typically, this will be Year 10 and above. Elite rowers will always be supported by a launch and maybe up to 2 kilometres from the launch and coach. Elite rowers may be on the river whilst there is an Amber Environment Agency stream warning in place on the stretch of water. As highlighted in the risk assessment document, the coach will consider the local stream and weather conditions and if the decision is taken to train, then the students will be allocated to appropriate boat types.

The safety of the rowers is our highest priority and it is important to the Boat Club that parents and carers are aware of the environment in which we row, the coaches will dynamically assess the stream and local weather conditions and where appropriate will amend or cancel training plans.

Coaches and Launch Drivers Operating Procedures

This document outlines the expectations of the school with regard to the duties and responsibilities of coaches. This is intended as a guide as to the minimum requirements and the safety of all rowers and coaches should be the first priority for all coaches.

Before going on the water

- Identify which rowers are under your supervision and allocate rowers to crews and to specific equipment to be used (e.g. Rower A and B are in 007 using yellow sculls).
- Email Home Base Group with a register list of who is going on the water.
- Confirm that all students are fit, healthy, and in readiness to row. That they have capsizes kit available. There is a bag of clean old kit at the back of the oar shed, if needed.
- Collect PFD and safety bag for launch. Safety Bag to include, first aid kit, throw rope, Knife and tools, thermal blankets.
- Collect fuel and Key for Launch- Fuel store to be locked after fuel is removed and returned
- Visual check of the launch to ensure it is fit for use
- Ensure the supervision arrangements are as outlined in the supervision section of this document above, for novice and competitive rowers, a launch must be deployed on the water before these rowers go afloat.

Communication

- All coaches must have a serviceable mobile phone with them while at Longridge and on the water, with all other coaches numbers programmed in. Coaches should telephone, at least once each half hour, where there has been no visual/line of sight communication. This is important to provide updates on any changing conditions, awareness of location and progress of the session.

On the water

- Have kill chord attached and PFD fastened at all times
- Respect the rules of the river and drive with consideration for other river users.
- Organise your rowers so you can monitor their progress effectively and make sure you are aware of which rowers are upstream/downstream of you at all times.
- For all crews, coaches must check at each stopping point, including the initial rendezvous that all crews are still fit and able to row.
- Should any crew need to return to Longridge, the coach should arrange for that crew to journey home with the expectation that a nominated coach will be following up behind. For example, if a crew needs to turn back at Bourne End Marina, a coach proceeds from there towards Longridge, potentially with other crews. The coach will travel at the pace of the slowest boat but will be sweeping up behind that group.
- At the end of the outing all crews should be off the water before the launch is moored.

After the outing

- All boats should be racked and wiped down, blades should be stored neatly in the appropriate rack in the shed. Trestles should be stored in the trestle shed or the trailers.
- Coaches should debrief rowers after the outing and that all rowers know what their transport arrangements are and are not injured or in need of support in anyway.
- Coaches must make sure that all rowers from Years 7, 8 and 9 have left Longridge before leaving themselves.
- Return fuel and Key for Launch- Fuel store to be locked after fuel is returned.
- Coaches should email Home Base Group to say all rowers are off the water. Report any incidents or breakage.

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We have read, understood and agree to abide by all the above information.

Signed(Rower)

Please print name

Signed (Parent/carer)

Please print name

Dated

I have successfully completed the swim and immersion test in a swimming pool.

Signed(Rower)

Please print name

Signed (Parent/carer)

Please print name

Dated

I have successfully completed a capsized drill in the river.

Signed(Rower)

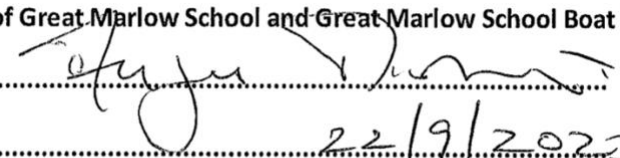
Please print name

Signed (Parent/carer)

Please print name

Dated

On behalf of Great Marlow School and Great Marlow School Boat Club

Signed 

Dated 22/9/2023

Mr F Murison (Director of Rowing)

*All coaches involved in the boat club have signed copies of this agreement and these are retained by the school.