Great Marlow School

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NMG/ALLYRS
21st April 2020

Dear Parents and Carers

Despite the current lockdown situation, there are many organisations working for the benefit of us all. Below is a comprehensive list of websites offering advice and guidance on finance, family welfare and other services offering support. We hope you find them of assistance.

Services, Advice and Support Available for Families in Buckinghamshire.

Family Fund
Helping families across the UK by providing grants to buy equipment or fund activities for those with a disabled child aged 17 or under; or a seriously ill young person aged 17 or under.
https://www.familyfund.org.uk/

Family Support Services
The Family Support Service has been carefully designed to provide better, more targeted support for vulnerable families, who face a range of issues or complex challenges. The service does provide one-to-one support to families and individuals.
https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/parent.page?parentchannel=24

Action For Children
Bucks Activity Project provides short breaks, and activities services, for disabled children aged 0 – 19.
https://services.actionforchildren.org.uk/bucks-activity-project/

Max Card
The Max Card is a discount initiative, which has been designed to make days out more affordable for children and young people with special educational needs aged 0-19 years, and their parents or carers.
https://mymaxcard.co.uk/

Local Offer
Information about what is available in Buckinghamshire for children and young people aged 0 to 25 with special educational needs and disabilities (SEND): it includes information on education, activities, short breaks, childcare, and the Autism Toolbox.
https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/localoffer.page

Grants, Tax credits and Benefit Checker.
Quick and easy benefit and grant calculator. The calculator is anonymous and free to use.
https://www.entitledto.co.uk/

Women's Aid
The Freedom Programme is designed to help women, who have experienced domestic violence, make sense of and understand what has happened to them. It aims to help build self-esteem and confidence, in order to improve lives.
https://www.aylesburywomensaid.org.uk/freedom-programme/

Short Term Financial Support
If you live in Buckinghamshire you may be able to apply for Local Emergency Support. This is intended to cover urgent short-term emergencies (as in having no immediate food, heating or lighting), through the use of food banks, food vouchers, and utility meter top-ups.
https://www.buckscc.gov.uk/services/business-and-benefits/apply-for-local-emergency-support/

Family Information Services
Easy to access information on services and provisions available to assist all families and young people throughout Buckinghamshire.
https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/home.page

Healthy Minds
NHS is offering a range of free, tried and tested NHS psychological therapies that help with low mood, anxiety, worry, stress, long term health conditions and employment support.
https://www.oxfordhealth.nhs.uk/healthyminds/

Youth Concern
Youth Concern is a charity that offers help and support to vulnerable, at risk, young people aged 13-25 years, particularly those at risk of social exclusion, homelessness, family break down, or who are not in education employment or training.
http://www.youthconcern.org.uk.fluent5.sites.fluent.ltd.uk/about-us/

CHAT Respite Care.
CHAT children's respite is a registered charity helping Buckinghamshire families with children who have special needs by providing funds for short term respite care, free of charge.
https://www.chat-charity.org.uk/

Bucks Home Choice
The scheme advertises social rented properties and aims to give more choice about where you live and when you move.
https://www.buckshomechoice.org.uk/choice/

Access to food and supplies - all areas

Food Bank Vouchers and Referrals

Free government food vouchers are provided by the council. This is part of the Emergency Support Scheme. The government will provide a few days free groceries, hot meals, tinned or canned goods, and fresh food too. The scheme is for families on a low income or benefits. Further details from **Buckinghamshire Emergency Support Scheme**.

Fare Share
Food donations from 1) Tring Road Tesco in Aylesbury; 2) Loudwater Tesco, Wycombe; 3) Eden Tesco
http://fareshare.org.uk/

Buckinghamshire Disability Service
https://buds.org.uk/if-you-are-in-crisis-and-need-emergency-food/

Transforming Lives for Good – Make Lunch
https://www.tlg.org.uk/

Trussell Trust
The Trussell Trust's 400-strong network of food banks provides a minimum of three days' emergency food and support to people experiencing crisis in the UK.
Trussell Trust

Wycombe

High Wycombe Society offers free food, or meals, to older residents, such as pensioners, from the Pop-In-Centre. The charity also runs a furniture project, provides financial aid (which can be used for buying food or groceries) and other help. Find more information on support from High Wycombe Society and how the charity can assist.

Big Yellow Storage in High Wycombe is providing a bag of groceries with enough food for three days to those in the low income bracket.
Phone – 07584 637697

Maidenhead Foodbank
https://www.facebook.com/MaidenheadFoodbank/?hc_ref=ARQlEG41PkoWtjYwZoJmwtQNdwQcsqY71D-Ow2bXGNBAcxg6MJgTpdTCZ4lUQY-92Wk

One Can Trust
One Can Trust operates a foodbank based in High Wycombe. It serves the Wycombe and Marlow area. They work with almost 100 front line agencies who refer people who require food aid.
http://onecantrust.org.uk

Food Club Friday – Castlefield Children's Centre
https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/service.page?id=g-jggqtQZ34

Food Club Tuesday – Wycombe Methodist Church
https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/service.page?id=TP1Nr3EOxYk

Little Marlow Church, Coldmoorholm Lane, Little Marlow
Telephone – 07584 637697

Finance, Support and Wellbeing

Money and Budget Advice

https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/family.page?familychannel=3

https://quidsinmagazine.com/

https://www.moneyadviceservice.org.uk/en

https://www.moneysavingexpert.com/news/2011/04/free-money-advice-service-launches/

http://www.billhelp.uk/

Support and General Advice

https://www.citizensadvice.org.uk/

https://www.relate.org.uk/

https://england.shelter.org.uk/

https://www.samaritans.org/

http://www.barnardos.org.uk/what_we_do/our_work/service-search.htm

https://www.myrtwellbeing.org.uk/

Wellbeing

https://www.buckscc.gov.uk/services/care-for-adults/advice-for-vulnerable-adults/

https://www.buckscc.gov.uk/services/health-and-wellbeing/public-health/

https://www.mind.org.uk/information-support/

https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/

https://www.time-to-change.org.uk/mental-health-and-stigma/help-and-support

http://www.aylesburyspace.co.uk/