



31 AUGUST 2016

The Duke of Edinburgh's Award



# INTRODUCTION TO THE DofE

Date  
LO

22 MARCH 2017

The Duke of Edinburgh's Award



# INTRODUCTION TO THE DofE

Date  
LO

31 AUGUST 2016

The Duke of Edinburgh's Award



## THE DOFE IS...

...the world's leading  
achievement award for  
young people



- Non-competitive
- Achievable by all
- Voluntary
- Personal development
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable



## BRONZE AWARD

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities **must be outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



### BRONZE

Volunteering **3** months

Physical **3** months

Skills **3** months

Expedition **2** days **1** night

*PLUS a further 3 months in the Volunteering, Physical or Skills section.*



## SILVER AWARD

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities **must be outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



### SILVER

**Volunteering 6 months**

**Physical**

one section for  
6 months, the  
other for 3 months

**Skills**

*Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.*

**Expedition 3 days 2 nights**



## GOLD AWARD

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities **must be outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**



### GOLD

**Volunteering 12 months**

**Physical**

one section for  
12 months, the  
other for 6 months

**Skills**

*Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.*

**Expedition 4 days 3 nights**



**Residential 5 days 4 nights**



# DOFE LEVELS

- There is a **massive choice** of activities that count towards a DofE programme
- Activities could be something that you are already doing or completely new
- All activities must be **outside of normal school curriculum**. Lunch and after school clubs and activities are fine
- The activity should be done for **approximately an hour a week**
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**

<b>BRONZE</b>			
Volunteering	<b>3 months</b>	<i>PLUS a further 3 months in the Volunteering, Physical or Skills section.</i>	
Physical	<b>3 months</b>		
Skills	<b>3 months</b>		
Expedition		<b>2 days 1 night</b>	
<b>SILVER</b>			
Volunteering	<b>6 months</b>	<i>Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.</i>	
Physical	one section for 6 months, the other for 3 months		
Skills			
Expedition		<b>3 days 2 nights</b>	 
<b>GOLD</b>			
Volunteering	<b>12 months</b>	<i>Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.</i>	
Physical	one section for 12 months, the other for 6 months		
Skills			
Expedition		<b>4 days 3 nights</b>	  
Residential		<b>5 days 4 nights</b>	

# VOLUNTEERING

**Volunteering is simple. It's about choosing to give time to something useful, without getting paid.**

- **Helping people**
- **Community action and raising awareness**
- **Coaching, teaching and leadership**
- **Working with the environment or animals**
- **Helping a charity or community organisation**



# PHYSICAL

**Get Active! Anything that requires a sustained level of physical energy by taking part in a sport activity.**

- Team Sports
- Individual Sports
- Water Sports
- Racquet Sports
- Dance
- Fitness
- Extreme Sports
- Martial Arts



# SKILL

**To develop practical and social skills and personal interests by developing a new skill or improving an existing one.**

- Creative Arts
- Performance Arts
- Science & Technology
- Music
- Life Skills
- Learning & Collecting
- Media & Communications
- Games and Sports  
Appreciation





# EXPEDITION

## Planning, training & completing a challenging expedition

You will complete practice & qualifying expeditions

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including... Campcraft, Map Skills, First Aid	Minimum 1 day and 1 night	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)

# EXPEDITION

## Planning, training & completing a challenging expedition

You will complete practice & qualifying expeditions

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Silver	Including... Campcraft, Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)

# EXPEDITION

## Planning, training & completing a challenging expedition

You will complete practice & qualifying expeditions

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Gold	Including...Camp craft, Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

# EXPEDITION

## Planning, training & completing a challenging expedition

You will complete a practice & qualifying expedition

You will be unaccompanied and self-sufficient



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including.... Camp craft Map Skills, First Aid,	Minimum 1 days and 1 night	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)
Silver	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)
Gold	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)



# EXPEDITION DETAILS

**Practice Date:**

**Location:**

**Price:**

**Qualifying Date:**

**Location**

**Price:**



## RESIDENTIAL

**Working, learning and staying away from home for 5 days 4 nights.**

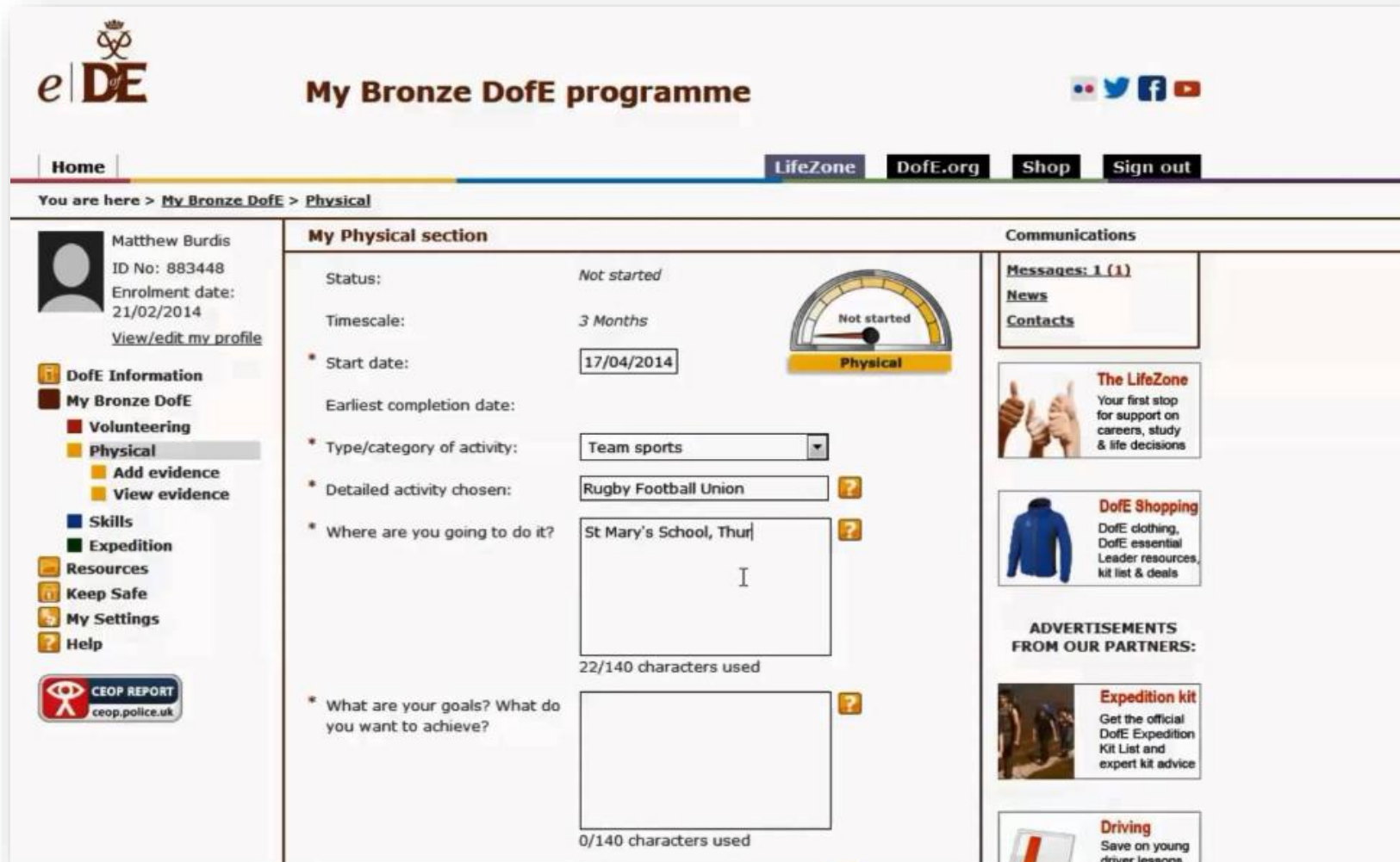
It's a great opportunity to build new relationships with people you have not met before, whilst working as part of a team to achieve shared goals, staying in shared accommodation.

- **University taster course**
- **Language course**
- **Cookery courses**
- **Outdoor activity centre**
- **Conservation projects**
- **Zoo Keeper course**
- **First Aid course**
- **Summer Camps**
- **NCS Approved residential**



# What is eDofE

eDofE is the online account participants use to record their DofE Award

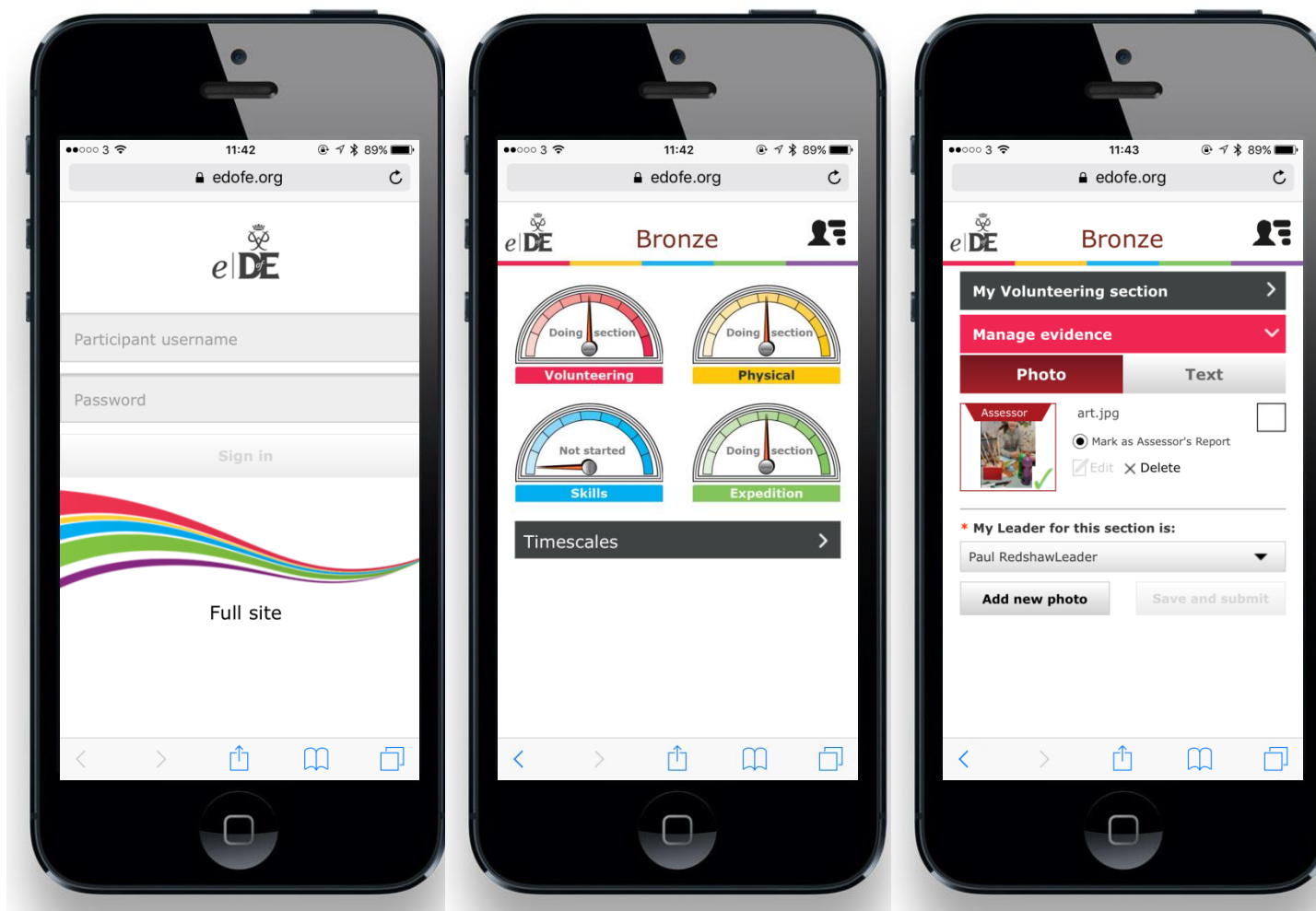


The screenshot shows the 'My Bronze DofE programme' interface. At the top, there's a navigation bar with 'Home', 'LifeZone', 'DofE.org', 'Shop', and 'Sign out'. Below this, a breadcrumb trail reads 'You are here > My Bronze DofE > Physical'. The main content area is divided into three columns. The left column contains a user profile for Matthew Burdis (ID No: 883448, Enrolment date: 21/02/2014) and a sidebar menu with options like 'DofE Information', 'My Bronze DofE', 'Volunteering', 'Physical' (selected), 'Add evidence', 'View evidence', 'Skills', 'Expedition', 'Resources', 'Keep Safe', 'My Settings', and 'Help'. The middle column, titled 'My Physical section', displays the user's progress: Status (Not started), Timescale (3 Months), Start date (17/04/2014), Earliest completion date, Type/category of activity (Team sports), Detailed activity chosen (Rugby Football Union), and Where are you going to do it? (St Mary's School, Thur). It also includes a gauge showing 'Not started' and a 'Physical' label. The right column, titled 'Communications', features links for 'Messages: 1 (1)', 'News', and 'Contacts', along with promotional banners for 'The LifeZone', 'DofE Shopping', 'ADVERTISEMENTS FROM OUR PARTNERS', 'Expedition kit', and 'Driving'.

## eDofE mobile site

Participants can also use the **eDofE** mobile site

<https://m.edofe.org/>





# WHY GOLD

We asked Gold Award holders about their experience, here's what they said:



93%

Developed better teamworking skills



Communicated better



89%

Felt physically fitter

90%

Would recommend taking part



80%

Felt more motivated



# YOUR FUTURE

In a tough economic climate, it's even more important to make your CV stand out from the crowd.

**Skills participants said they gained through their DofE...**



Team working: 91%

Communication: 75%

Problem solving: 59%

Self-management: 55%

Positive approach to work: 55%



The Volunteering section came out top in helping participants prepare for the working world.

The activities undertaken on a Duke of Edinburgh's Award programme are proven to help boost university applications and CVs.

# Parental Role

- **Guidance**
- **Encouragement**
- **Expedition support**
- **Reminders**
- **Recognise their achievements**







“

*“DofE was a great experience, I made new friends and learnt new skills, I am really looking forward to the Silver Expedition.”*

**Tom, DofE Participant, King Alfred’s Academy**



*“I have really enjoyed taking part in the DofE Award at the Academy. It has been great to have support from the Academy in terms of equipment but also with my skills, volunteering and physical parts of the award. I have taken both my Bronze and Silver awards and could not have done it without the support of Brompton Academy.”*

**Lewis, Year 12 DofE Participant, Brompton Academy**

*“Doing DofE both at Bronze and Silver level has developed me in many different ways. My communication skills and teamwork has improved significantly through taking part in DofE however, my self-confidence has been developed the most.”*

**Alyssa Meacock, DofE participant, The Langley Academy**



”

A group of approximately 15 people are kayaking on a calm body of water. They are arranged in a loose line, with some in the foreground and others further back. They are wearing life jackets and various hats. In the background, there are rolling hills or mountains under a clear sky. The entire image has a purple tint.

# ANY QUESTIONS?