



Great Marlow School

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Dear Parent/Carer

Great Marlow PE Kit: Standards & Expectations

I hope you are all having a great summer. This letter is reminder about the high standards and expectations that we have for all students when participating in PE and extracurricular activities.

At Great Marlow School there is a PE kit that forms part of the school uniform and is a requirement to uphold our standards, provide a change of clothing, as well as to keep your child safe. PE lessons will take place indoors and outside and will continue even in adverse weather. Every student is expected to change into their PE kit when they have a PE lesson or extracurricular club.

All students are expected to bring their PE kit to every lesson even when the student is not able to participate due to illness or injury as they will need to change into kit and remain with the class including when they go outside. In the case of extreme injury i.e. a broken leg requiring crutches, students will not be expected to change into their kit.

The basic School PE kit required for lessons and extra-curricular activities is:

- Red GMS polo shirt (PE or GCSE)
- Black shorts/skort
- Red football socks or white socks
- Sports trainers only (no pumps/vans/converse)

Other optional PE items:

- Black tracksuit bottoms
- GMS sports leggings
- Red GMS rugby shirt/GMS Jacket
- No cotton leggings or short shorts
- Plain long sleeved under-tops (red/black only)
- Football/rugby boots (compulsory for activities on the field in winter)
- Shin pads are highly recommended for football and hockey
- Gum shields are highly recommended for rugby and hockey
- Hair must be tied back (hair band should be part of PE kit)

This kit can be purchased from Sportcrest in Wycombe or Hawkinsport in Bourne End. Please name all items of school uniform and PE kit – even if writing initials and year group on the label so that lost items can be returned to the owner.

Students who are not well enough to do PE

It is expected that students will do PE when it is on their timetable and that they will participate even if feeling a little ‘under the weather’ as the opportunity to take a break from desk study and to be active needs to be part of their educational routines and learning programme. If students bring their kit but subsequently feel unwell they

will only be excused from the lesson if the teacher authorises this. Students will usually be asked to get changed and to try their best and this effort will be recognised by staff.

If a student fails to bring in their kit, the PE teacher will issue the student with spare clothing in order for them to participate. The student will also be issued with a PE detention for not having their kit.

Students who are injured (who have a note from their parent/carer and have the authorisation of the teacher to not participate), will need to get changed into their kit but will not be expected to participate practically in a lesson. They will be asked to act as a coach, umpire/referee or to help with the organisation of resources etc. The wearing of kit makes them part of the lesson and will prevent them from getting their school uniform dirty/wet. These are all part of learning activities and as such need to be engaged with as much as practical aspects of lessons.

Health & Safety: Jewellery & Long Hair

Before arriving to PE lessons, students MUST remove all jewellery including earrings, necklaces and watches (the only permitted jewellery items allowed in school), in order to prevent injury to themselves or others during contact sports and also prevent damage to these personal items. Taping is not allowed for earrings, they have to be removed regardless of when they were pierced. Also for health and safety reasons, students must have long hair tied back.

Hygiene: Cleanliness & Showers

To support students in maintaining their standards of personal hygiene, individual cubicle showers and wash basins are available that students are encouraged to use even if only to have a quick wash before redressing. Students who choose to do this will need to bring a small towel.

Students should wash their kit regularly and at least once every half term. Please make sure that your child's kit is brought home regularly.

I ask that you discuss these basic expectations with your child before they return to school for the new term. Please check that your child has all of the PE kit that they require and are clear about the high standards that we expect of them.

If you would like to discuss any of these issues further please do not hesitate to contact me at the school. Thank you in anticipation for your support.

Yours faithfully

**Mr J Clarke
Head of PE**

